



Physical Education



Shire Oak Academy Sports Day Records



 ASPIRE



Year 7 Records



Event	Boys	Girls
100m	2008 D. Reeves - 12.48s	2008 J. Lago – 12.97s
200m	2004 E. Okoro 28.18s	1975 A. Merriman - 29.5s
300m	x	2008 N. Greveson - 52.3s
400m	2004 R. Slater - 63.07s	1975 R. Densley - 76.2s
800m	1986 A. Bickley - 2:33.27s	1982 J. Griffiths - 2:36.84s
4x100m Relay	2005 7PR – 59.59S	1973 1s/w - 61.4s
High Jump	2004 R. Slater - 1.40m	1975 L. Pope - 1.35m
Long Jump	2015 J. Grant - 4.75m	1979 J. Yeomans - 4.48m
Throw	2009 A. Brown - 64.34M	1976 J. Woodward - 43m



Year 8 Records



Event	Boys	Girls
100m	2008 M. Smart - 11.19s	1980 S. Tait - 13.4
200m	2011 D. Minamore - 26.36s	1975 J. Greenhough - 29.0s
300m	x	2003 E. Okoro - 46.44s
400m	1980 M. Wood - 60.05s	1976 L. Broadway - 71.2s
800m	1987 A. Bickley 2:20.02s	1983 J. Griffiths - 2:33.63S
4x100m Relay	2006 8PR – 54.72S	1984 2wo – 59.11s
High Jump	2014 L. McDermott 1.53m	2003 E. Okoro - 1.40m
Long Jump	2014 L. McDermott 4.94m	1980 J. Yeomans - 4.42m
Triple Jump	1989 R. Hulse 10.20m	x
Throw	2010 A. Brown 63.10m	2005 L. Richardson - 52.81m



Year 9 Records



Event	Boys	Girls
100m	2014 E. Brough 11.13s	2004 E. Okoro - 13.50s
200m	2014 E. Brough 24.33s	1984 J. Griffiths - 28.53s
300m	x	2004 E. Okoro - 45.59s
400m	1981 M. Wood - 57.34s	1973 S. Parker - 70.0s
800m	1974 S. Alan 2:12.8s	2004 E. Okoro - 2:33.56s
4x100m Relay	2014 9TL – Darwin 53.58s	1973 3A – 57.2s
High Jump	2006 O. Okoro - 1.75m	2004 E. Okoro - 1.46m
Long Jump	1981 T. Layton - 5.22m	1981 J. Yeomans - 4.66m
Triple Jump	1986 C. Whitehouse - 11.15m	x
Throw	2011 A. Brown 70.10m	2003 R. Jordan 53.06m
Shot	1999 A. Wigley 11.72m	2006 R. Hoban 8.92m
Javelin	1983 S. Round 34.65m	1980 K. Hartshorn - 29.50m



Year 10 Records



Event	Boys	Girls
100m	2014 E. Lidgbird 11.23s	1981 Z. Hemus - 13.34s
200m	2015 E. Brough 24.20s	1982 J. Yeomans - 29.2s
300m	x	2004 E. Archer - 49.57s
400m	2006 M. Gibbs - 57.66s	1982 S. Gessey - 69.74s
800m	2011 A. Butler - 2:14.16s	1985 J. Griffiths - 2:41.26s
4x100m Relay	2017 10TR Newton 51.63s	1981 4C – 59.17s
High Jump	2005 B. Nelson - 1.77m	2000 G. James 1.37M
Long Jump	1980 C. Lote - 5.52m	1981 J. Yeomans 4.85m
Triple Jump	2015 H. Purewal 11.52m	x
Throw	2005 A. Bentley 76.00m	2004 R. Jordan 56.16m
Shot	1977 G. Thompson 11.75m	1978 L. Pope - 8.63m
Javelin	1994 J. Berry 39.39m	1981 K. Hartshorn - 31.08m